



CANDLES in the wind

A House Magazine of **UDAVUM KARANGAL**

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Foreword by Thiru **S.VIDYAAKAR**

Dear Friends and Well Wishers,

Greetings!

I am happy to address you all again.

As I was forecasting, how to serve the needy better in the future, my vision came across an area which shook me, apart from serving the destitute, mentally-ill and parentless children, this is something different, helping "Paraplegic" persons. In spite of having everything, one becomes a destitute; it can't be called as sickness or disease. It's a type of deformity. In other words "The Saga of the Living Dead". With the support of the well-wishers Udavum Karangal committed to help these paraplegic patients and the good news is that we have crossed helping 100 such persons. We have successfully lent our helping hands and provided medicines and essential kit for these paraplegic persons.



The other one is providing mid-day meal to the less privileged girl students. This scheme will motivate the parents who are less privileged, labourers/ workers to send their girl child to School and in turn help the child to get educated. "A child without education is like a bird without wings". Just realize how wonderful it would be, if your patronage makes a first graduate from a needy family!!

Udavum Karangal resident girls have been trained to create "wealth from waste". From a very young age our resident girls have a passion to do something artistically and one such skill is "wealth from waste". All the waste clothes are converted into beautiful & colourful articles - such as paper jewelries, wall hangings, etc.

Udavum Karangal Homes observed 75th Independence Day; flags were hoisted in all our homes located in four districts. Krishna Jayanthi was also celebrated in all our homes. It is considered as a recreation activity for the mentally-ill people residing in our Homes.

Post-Covid many medical Camps were conducted by Gayathri Hospital. We have reunited many mentally-ill patients with their respective families. The construction of Jeevan Community College and LPG Crematoriums are progressing well. Community development School projects are also implemented in a steady phase.

I sincerely thank all the well-wishers, donors for helping me to take my mission to the next level.

Regards,
S. Vidyaakar, Founder Secretary

"You have not lived today until you have done something for someone who can never repay for."



Lady from Cudappa District, Andhrapradesh, rescued, rehabilitated and reunited with family by Udavum Karangal

It was a homecoming for Ramalakshmi when the Social Worker of Udavum Karangal took to her native village to reunite with her husband Mr. Bakthula Sreenu after 5 years of missing. The entire village was thrilled to see her alive and join back with her sons and daughter in laws.

Ramalakshmi, 38 years of age, was missing from her family for about 5 years now and rescued by Udavum Karangal a year back. She was living in Peddakomarla Village, Mylavaram Mandal, Cudappa District (PIN-516433) along with her husband, Mr. Bakthula Sreenu (Ph: 9177647052) and two sons Mr. Jagadesh and Mr. Krishnavamsi (Ph: 7670971298). But one bad day, due to sudden change of events she fell mentally ill and came out of the house without informing any one. The

family was frantically searching for her for the past 5 years and could not trace her. Her husband is a lorry driver. He almost thought that she was no more.

Ramalakshmi was wandering on the streets of Ambattur and on receiving information from the public Mrs. Gomathy Saravanan, Social Worker, (Ph: 7904680482) of Udavum Karangal immediately rushed to the spot with paramedical workers and rescued her on 10th January 2021 . She was brought to the Centre of Udavum Karangal, Thiruverkadu, to be given psychiatric treatment and further care. With regular prescribed medication and counseling, she started divulging some information about her family and her children. She also could identify the nearby locations in her village.

“With the little information gathered from



(L to R) Y.Srinivasa Rao, Social Worker of UdavumKarangal, Mrs. Ramalakshmi with her husband Mr. BakthulaSreenu.



her Mr.Srinivasa Rao, Social Worker, (Ph: 9940188012) of Udavum Karangal firstly reached out to her brother who was not ready to come and receive her due to some family dispute. But through the Local police we could locate her husband phone number and he immediately wanted to receive her back. Her husband gave vital information that she had psychiatric problems for the past 8 years and was missing for the past 5 years. It was informed to her husband by Mr.Vidyaakar, Founder of Udavum Karangal that she was rescued a year back and even she is also eager to join back the family.

Thereafter, Mr. Srinivasa Rao, Social Worker took to her village on 10th August and the entire family including her sons was waiting in Peddakomerla Village in Cuddappa district. They thanked Udavum Karangal for having rescued her and restoring back to her family safely.

Mrs.Ramalakshmi



At the Time of Rescue



At the Time of Reunion



Cycles donated to Shanthivanam resident girls



The residents of Parameshwaran Vihar of Saligramam, headed by Mr. Ashok Kumar, Army Major, donated two new cycles to the girl children of Shanthivanam to learn and drive cycles. The cycles were handed over to the children on 23rd July 2022.

India's 75th Independence Day Celebrated At Udavum Karangal Homes And Schools:

Udavum Karangal home Shanthivanam located at Thiruverkadu celebrated 75th Independence Day on 15th August 2022. Mr. Saravanan hoisted the flag in Dignity home (A home for male patients) and Shanthivanam Home in the presence of residents and patients.



Shanthivanam Home Chennai



Thiruvannamalai Home



Mr. Manjunatha Home incharge of Ramana Rehabilitation center, a unit of Udavum Karangal situated at Thiruvannamalai hoisted the flag in the presence of patients and Residence.

Mr. Ratan Vidyaakar hoisted the flag and distributed candies to all the residents and volunteers at Sondham boys town Home.



Sondham Home



RVN School

In RVN School the programme began at 7:30 am. The teachers and staff presided over the flag hoisting ceremony with our school band team. Headmistress Ms.Lara Steeward hoisted the National flag. The teachers group presented the patriotic Tamil flag song followed by our school prayer. The Headmistress addressed the group and urged them to do their best and feel proud to be Indian. The school campus reverberated with patriotic fervour and enthusiasm. The celebration came to an end by singing the National anthem.

Distribution of Menstrual Product Hygiene Pamphlets & Product by Donor from USA

MS. VIBHA SANJAY from PIAINSBORO, USA donated 20 boxes of sanitary products and a Menstrual Product Hygiene Pamphlet to our organization on 12.08.2022. The sanitary products will be very useful for the residents under our care.

She visited our Home- Shanthivanam along with her parents and siblings and made a huge impact on the residents.

While appreciating the good work being done by our Organisation her father Mr. Sanjay donated \$10,000 towards the procurement of Laparoscopic equipment for the Gayathri Hospital.





Visit by Nursing Students and faculties of Chengalpattu Medical College

Forty nine students of 3rd year B.sc., [Nursing] and 2 Faculties from Chengalpattu Medical College & Hospital had visited Shanthivanam home-Udavum Karangal Unit on 22.08.2022.

Mrs.Kavitha. M, Coordinator, explained the history, vision and mission, admission process, organizational pattern, different activities performed by our residents, therapeutic support given at Udavum Karangal, etc through PPT and video presentation followed by field visit arranged by Mrs.Porkodi a Social worker of Udavum Karangal.



Donation By Bank Of Baroda T.Nagar Branch

Bank of Baroda T.Nagar Branch donated over 9 Bags of rice (25 kgs) to Udavum karangal T.Nagar office on 19th July, 2022. The event was organized by Mr. N. ERRAPPA (Asst. General Manager) Bank of Baroda.





Handicrafts

The children of Udavum Karangal Home – Shanthivanam, who completed the 12th grade, were trained in tailoring during their holidays with focus on hand embroidery work. All the students will be benefited from it for their future employment. Everyone does the activity with enthusiasm and tries out new things.





Handicrafts Stall At Ayyapanthangal



Prestige Villa Apartment is a gated community situated at Ayyapanthangal. The residents of Prestige Villa Apartment celebrated 75th Independence Day on August 15th. The Flag was hoisted and as a part of the celebration many handicrafts stalls were put up. Udavum Karangal also put up a handicraft stall. The stall contained handmade items made by the residents of Udavum Karangal such as artificial jewellery, fancy items, soaps, detergents etc.

Krishna Jayanthi Celebrations at Shanthivanam

Children usually like this festival, as they get a lot of items to eat as prasadam, like Muruku, seedai, thattai and vennai. The deity is Lord Krishna who himself is seen as a kid doing lots of mischief. Likewise kids enjoy the stories told on that day and also its time for the children to get together and play. A big colour Kolam is put on and children are dressed like Krishna and Gopikas. The cows are also dressed up and given special food.





Narayana e-Techno School – Poonamallee donates to UK

It is a nice gesture that the team from Narayana E Techno School, Poonamallee, visited Udavum Karangal's Home-Shanthivanam at Thiruverkadu on 11th August 2022 and donated Biscuits, Soap, Brush, Shampoo and 2 Boxes of Snacks for our children and elderly residents. All our residents enjoyed these special and delicious snacks and we are very grateful for your benevolence.



Vinayakar Chathurthi Celebrations at Udavum Karangal

Children of Udavum Karangal eagerly await the festival of Vinayaka Chathurthi as they enjoy the different varieties of food that is being served on that day like Kozhukattai, Sundal etc.

Food apart, they also enjoy the joint chorus singing of various devotional songs on Lord Vinayagar and are also happy listening to the stories of Vinayaga as a child. These stories are told to the children of the Home as they contain lots of moral values which they need to instill in them while they grow.

The festival was celebrated in all our Homes at Shanthivanam, Thiruverkadu, Karunailam, Thiruvannamalai Home and at Coimbatore Homes.



Aadi Festival at Chennai, Madurai, Coimbatore and Thiruvannamalai Units.

The Tamil Traditional Festival in the month of Aadi was celebrated in a grand way. There was a grand pooja for the Amman Deity in all our Units and Koozh made of Ragi flour was prepared as Prasadam along with other special dishes. After the pooja, the same was distributed to all the residents who enjoyed it. The Koozh was given to all the staff in a new Thooku vessel as a gift. The Pooja was performed by Pappa in Chennai Units and by Mr. Ratan Vidyaakar in Madurai and Coimbatore Units.



World Drugs Day Observed at Sondham Home Coimbatore

WORLD DRUGS DAY was observed at Sondham Home at Coimbatore. A seminar was organized and it was addressed by the Head Constable of Police, Somayampalayam PS. drawing, poem, writing competitions were held and small short duration videos were played to create on the basis of awareness on the impact of drug use and its addiction and children also took the pledge on that day.





Donation Under Post Natal Care

Gayathri Hospital, a unit of Udavum Karangal is already providing treatment to these women under its “Mother and Child Care Programme” which is affordable to them. But post delivery, they also have other needs to be met during the infancy of the child, like nutritious food, vitamins and minerals for the infant, good clothes, hygienic location for stay, etc.



Addressing the health issues of the economically weaker section of the population in and around Thiruverkadu is the priority. Especially the women post delivery play a vital role in the upbringing of the infant post delivery.



Proper care has to be taken for the infant, periodic review with Pediatrician, nutritious food, vitamins and minerals has to be given regularly. They are to be provided with a clean and hygienic environment to stay post delivery. Post delivery issues for the mother have to be addressed for which the women need the financial support from family.

Udavum Karangal is providing the women who deliver in our Hospital with all accessories and items worth Rs.10, 000/- required both for them and the infant. This would be a great support for the woman and the infant.

The main activities of the Project involve:

- Mobilize under privileged women to avail the services of “Mother and Child Programme” for comprehensive health care pre and post-delivery at Gayathri Hospital a group welfare institution of Udavum Karangal
- Providing schedule based pre and post Natal Treatment.
- Organising the delivery of these women at Gayathri Hospital.
- Providing Essential kit @ Rs.10,000/- each for Post Natal Care.
- Follow up with these women for any other assistance towards the infant care, like Vaccination, Nutritional diet, etc.

Till date the following women who have delivered at Gayathri Hospital have been provided with Rs.10, 000 as Gift.



Sl.No.	Name of the Patient	Date of delivery	Gender
1	Mrs. Gowri Saravanan	25/05/2022	Boy Baby
2	Mrs. Krishnaveni Rajkumar	13/06/2022	Twin Boy Babies
3	Mrs. Bhuvaneshwari Nagaimugan	13/06/2022	Twin Boy Babies

Gayathri Hospital Camps

Sl. No.	Date	Corporate / Public / Community Camp	No. of persons	Purpose	Place
1	Jul-12	CPR training programs Conducted to Senbaga collage & Gayathrihospital@thiruverkadu	50	BLS	Thiruverkadu
2	Jul-13	CPR training programs Conducted to Senbaga collage & Gayathrihospital@thiruverkadu	50	BLS	Thiruverkadu
3	Jul-13	CPR training programs Conducted to Senbaga collage & Gayathrihospital@thiruverkadu	50	BLS	Thiruverkadu
4	Aug-01	Today camp @ Jeevan Technology join with Vision Xperts Eye hospital Ashok Nagar	118	General	Ashok Nagar
5	Aug-08	IMA meeting@gayathri hospital thiruverkaduPoonamallee doctor's	20	Meeting	Thiruverkadu
6	Aug-13	BLS Training program today Harsha Toyota Velappanchavadi	30	BLS	Vellappanchavadi
7	Aug-17	Medical camp @ pattabiram	120	General	Pattabiram
8	Aug-28	Womens Health Talk Harsha Toyota Vellappanchavadi	55	HealthTalk	Vellappanchavadi
9	Sep-24	Medical Camp Thiruverkadu	155	General	
10	Sep-28	Mahalakshmi college paruthipattu health awareness campaign today conducted by Gayathri hospital thiruverkadu.....	65	HealthTalk	Thiruverkadu



Gayathri Hospital conducted CPR training for Shenbagha College of Nursing 11/07/2022

Gayathri Hospital conducted CPR training for Shenbagha College of Nursing 12/07/2022



Gayathri Hospital conducted CPR training for Shenbagha College of Nursing 13/07/2022



PHYSIOMED AND GAYATHRI HOSPITAL CONDUCTED CPR TRAINING PROGRAM

<http://physiomedcdc.wixsite.com/avadi> +91 99404 63433

Health Awareness Programme by US University Student

Ms. Adithi Anand from USA organised a small programme on 11-07-2022 for teachers of the RVN School by covering the topics on

1. Communicable diseases
2. Non- Communicable diseases
3. Mental Health
4. Women Health

Through her power point presentation it was clearly understood by all the participants.





Free Computer Coaching at RVN School

As a project of RVN School initiatives, we are providing computer course (DCA) at a minimal cost for the board going students every year.

It was decided to start in the month of July, with a total count of 106 including 9 of our UK students.

The course duration will be two month, having three classes per week with the guidance of Ms. Indra, Mahalakshmi and Ms. Gajalakshmi.

Pappa Vidyaakar inaugurated the program with God's blessings and Prayer on 15th July 2022.



Cent per cent results in RVN School – Recognition of efforts by students and Teachers.

On Saturday 23rd of July, Pappaji Correspondent of RVN School appreciated the students and teachers for their support towards the victory of Cent percent results in the Board going exams for the academic year 2021-22.

The Headmistress of the RVN School invited the students and their parents to attend the programme in the lobby where Pappa addressed the School Authorities/Teachers as well as the students. He greatly appreciated the hard work of the teachers and students. His speech was awesome. He also appreciated the students for being studious in their studies and wished them for continuous success.



Prize money and certificate of recognition was handed over to the students in the presence of their parents.

The Parents profoundly thanked Pappa for giving their child an opportunity to study in this School, thereby developing good knowledge and to face the society with confidence.

The program concluded with vote of thanks from the Headmistress and the team of RVN Admin Manager, Asst Headmistress and teachers.



Million meals Project for RVN Students reached 6 Lakh students

The Million meal Project started by Pappa Vidyaakar for the under-privileged students of the Ramakrishna Vidya Niketan to ensure that no child should go hungry while pursuing her education. This was implemented in the year 2010 for the girl students of RVN with the support of various philanthropists and under CSR.

Scrumptious meals were provided on a daily basis with the unstinted efforts of all those staff, volunteers and the teachers of RVN School, it is on 1st September 2022 we have reached 6 lakh students who were provided lunch during the past 12 years at an average of 50,000 Meals provided every year.

Now as on 1st Sep. 2022, 300 students of RVN are being served food under the re-nourishment program of Million Meal project. The food being served is given with balanced nutritional value and also satisfies the taste buds of the students.

The Project Organisers are Ms. Banupriya, Students Counsellor and Ms.Manjari, Social Worker of Shantivanam Home, Thiruverkadu.



Fresher's Day Celebration (2022-2024) On 5th August

Every Student eagerly awaits right from their time of admission for their most remarkable event of the college "FRESHER'S PARTY ". The 5th of August 2022 was a memorable day in the life of every fresher of the academic year 2022-2024 batch at Jeevan Community College, a group institution of Udavum Karangal. It is the day where seniors and juniors finally bond and unite to celebrate being part of the college.

Students were welcomed so much enthusiasm which was organized by Jeevan Community College students and staff in the Auditorium of JCC Campus. The inauguration of the event started by lighting of the lamp by the Founder Secretary Mr. Vidyaakar



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